Principal’s Report

Happy New Year to everyone, even though we are into our second month of the year already! The start to this year has been a more settled one for me personally, as I return for my second year as Acting Principal.

Our staff had four Student Free Days to start their year. Heads of Departments enjoyed valuable time with their staff. I launched our school’s ‘Statement of Purpose’ and our ‘Blueprint for Success’ documents with staff so that everyone in our school community knows our direction and goals for the future. I have provided further details later in this article.

We have new staff to welcome to Maleny High in 2016: Kate Masson – Acting HOD of Diverse Learning, Nick Hodgson – HPE teacher, Vanessa Duffy – Agricultural Science teacher, Isabel Riggs – English/Humanities teacher and Melinda Elkins – Maths/Science teacher. We also welcomed back Amanda Jacobson – Science/Chemistry teacher.

On Wednesday 27th January we welcomed 113 Year 7 students into our school community. Parents of the Year 7s were invited to a ‘Welcome BBQ’ during week two of the term. It was very encouraging to see many parents take the opportunity to meet with their child’s teachers, and we received many positive and encouraging comments from parents at this event. Thank you to Mr Adrian Cerda, Year 7 Year Level Coordinator (YLC) and Ms Cath Gray, HOD of Junior Secondary School, for organising this event.

School photos were taken during week 2, with a ‘catch-up’ day held in week 3. Also during week 2 our Sports Department, led by Ms Clare Rush and Mr Mark Homewood, had their work cut out for them with the organisation of our annual swimming carnival. Our new House Captains led their team in house parades in the lead-up to this event. On the actual carnival days I saw all of our House Captains encourage as many students as possible to participate in all the events and just give it a go. Bunya was the triumphant house for the 2016 swimming carnival, so it looks like Bunya is well on their way to replicating their winning streak of 2015. Come on Obi and Mellum—let’s give Bunya a run for their money!

During our first whole school assembly our OP 1-5 students from 2015 were invited back to school to share their journey and future plans with our current students. I would like to take this opportunity to congratulate the following students, and all of the Year 12 students of 2015, on their pleasing OP results:

<table>
<thead>
<tr>
<th>OP</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>OP 1</td>
<td>Penny Grigor</td>
</tr>
<tr>
<td>OP 2</td>
<td>Olive Gole</td>
</tr>
<tr>
<td>OP 3</td>
<td>Michaela Bozicevic &amp; Riley Duggan</td>
</tr>
<tr>
<td>OP 4</td>
<td>Niki Alister</td>
</tr>
<tr>
<td>OP 5</td>
<td>Christie Gicquel</td>
</tr>
<tr>
<td>OP 6</td>
<td>8 students</td>
</tr>
<tr>
<td>OP 7</td>
<td>2 students</td>
</tr>
<tr>
<td>OP 8</td>
<td>4 students</td>
</tr>
<tr>
<td>OP 9</td>
<td>4 students</td>
</tr>
<tr>
<td>OP10</td>
<td>3 students</td>
</tr>
<tr>
<td>OP11</td>
<td>4 students</td>
</tr>
<tr>
<td>OP12</td>
<td>2 students</td>
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<tr>
<td>OP13</td>
<td>2 students</td>
</tr>
<tr>
<td>OP14</td>
<td>4 students</td>
</tr>
<tr>
<td>OP15</td>
<td>3 students</td>
</tr>
<tr>
<td>OP16</td>
<td>5 students</td>
</tr>
<tr>
<td>OP17</td>
<td>2 students</td>
</tr>
<tr>
<td>OP18</td>
<td>4 students</td>
</tr>
</tbody>
</table>

Phone: 5499 8111
Email: info@malenys.eq.edu.au
Facebook.com/malenys
Website: www.malenys.eq.edu.au
twitter.com/MalenySHS
Last year the school leadership team (Administration and HODs) examined our school data and identified four areas that we, as a school community, need to improve upon. The “Explicit Improvement Agenda” is:

- **ATTENDANCE RATES** – Aiming for 92%
- **QCE (Qld Certificate of Education) Attainment** – Aiming for 85% - 90%
- **Reading & Writing** – lifting our % of students achieving a ‘C’ or better and our NAPLAN results
- **Higher Order Thinking Skills** – improving our Upper 2 Bands in NAPLAN

Throughout the year YLCs and HODs will be working on each of these goals across the school and within each faculty. If everyone is working towards the same goals I know we will improve.

Currently the school is reviewing its ‘Responsible Behaviour Plan for Students’ policy. YLCs and HODs will help me review this policy and I will also be asking parents at the next P&C meeting for their input. If there are any interested parents who would like to be a part of the consultation process, please contact the school so that a workshop can be organised. Once this policy has been finalised, this document will be made available via our school website. A new section in our Plan will focus on the additional responsibilities that our YLCs and HODs will play. These staff will have the ability to recommend suspensions to me. Having 12 staff members in the school directly responsible for student management will make processes for effective, and efficient, within the school.

**Our Year Coordinators for 2016 are:**
- **Year 7**—Mr Adrian Cerda,
- **Year 8**—Ms Heidi Wegert,
- **Year 9**—Simon Kranz,
- **Year 10**—Ms Robyn Jones,
- **Year 11**—Mrs Amanda Edwards,
- **Year 12**—Mr Darren Mills.

We started week four with the Senior Student Leadership Badge ceremony. Thank you to the parents who attended this event and thank you to Mr Brian Wilkinson for organising this event. Kylen Skipper, our School Captain, presented an ‘Acknowledgement to Country’, and Moriah Hudson gave a magnificent rendition of the national anthem. School Captains, Vice Captains and House Captains all received their badges. Students who gained positions of leadership in the Environmental Committee, Interact Club, Chaplaincy Committee and Indigenous Council also received their badges. The International Student Ambassador is a new position for 2016. All of these leaders made a commitment to the school by reciting their Leadership Oath in front of the staff and student body. If the energy and effort they have put into the first month of 2016 is anything to go by, I know our student leaders will have a positive impact upon our school.

Our first group of Senior students attended the Roadcraft program this week. I would like to thank the Apex Club of Maleny for their very valued, and ongoing, support of Maleny High. Without Apex’s considerable financial assistance we would not see such significant numbers of students taking advantage of this wonderful, and very necessary, program. If your child is offered the opportunity to participate in this life-saving program, please take advantage of this offer. The approximate cost is $100 to students, and this is definitely an investment in your child’s future. There will be two other courses offered to Senior Students this year.

The first ‘Year 7 is Awesome’ day was, well, awesome! Students were asked to bring a plate of food coloured to reflect their House as one of the challenges. Mellum students brought red jelly cups, watermelon and red frogs. Obi students brought blue-iced cakes and lollies. Bunya was, by far, the healthiest house with chopped celery, green grapes and honey dew melon. Perhaps food choices like these are the secret to their recent swimming carnival success. Lots of fun was had by all. Our school Chaplain (Chappy), Chris Davis, ran group activities after morning tea when all the students had eaten their sugary treats! Thank you again to our Senior Student Leaders, Mr Cerda and Ms Gray for designing and delivering a program that helps to build relationships between students and staff.

It’s certainly been a very big and busy first month of the year. Take care until next month.

Regards,

Deb Stewart
Important Information

Absence Line: Ph: 5499 8101
Please leave a message before 9am if your student will be absent from school on that day.

Collection of Students during school hours:
If you wish to collect your student(s) during school hours, please ensure that all arrangements are made prior to the student attending school, as we do not have phones in classrooms. Please provide a note or a phone call to the school detailing the departure time, reason and who will be collecting the student.

Office Hours:
Our office is open from 8am to 4pm daily.
All payments are to be made between 8am and 12.30pm, daily.

Singing Lessons:
Spark the creative fire!
Learn to play and sing a favourite tune at a party, perform in front of a crowd or just for yourself
Cardie: 0400 101 797
cardieboydell@bigpond.com
## School Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>23 February</td>
<td>Year 11/12 Volleyball excursion</td>
</tr>
<tr>
<td>24 February</td>
<td>‘Year 7 is Awesome’ program - day two</td>
</tr>
<tr>
<td>23 February</td>
<td>Year 12 Study Day</td>
</tr>
<tr>
<td>29 February</td>
<td>Parent/Teacher Interviews (12.00—6.00pm) - by appointment No scheduled classes will run on this day</td>
</tr>
<tr>
<td>1 March</td>
<td>Year 12 University Showcase</td>
</tr>
<tr>
<td>2 March</td>
<td>Year 12 QPAC Drama excursion</td>
</tr>
<tr>
<td>3 March</td>
<td>Sunshine Coast Regional Swimming</td>
</tr>
<tr>
<td>5 March</td>
<td>‘The Race that Milks a Nation’ Chaplaincy Program Fundraiser</td>
</tr>
<tr>
<td>17 March</td>
<td>P &amp; C AGM (from 6.00 pm in the Administration Building)</td>
</tr>
<tr>
<td>21—24 March</td>
<td>Year 11 and 12 Exam Blocks</td>
</tr>
<tr>
<td>21 March</td>
<td>Harmony Day</td>
</tr>
<tr>
<td>22-24 March</td>
<td>Culture Week (Diversity)</td>
</tr>
<tr>
<td>24 March</td>
<td>Last Day of Term One</td>
</tr>
<tr>
<td>6-8 April</td>
<td>Student Free Days</td>
</tr>
<tr>
<td>11 April</td>
<td>Term Two begins</td>
</tr>
</tbody>
</table>

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## Maleny Junior Netball

New and existing players welcome (especially 12 year olds to make up a team)!  
Junior players aged 11-17 (born 2005-1999)  
NetSetGo aged 8-10 (born 2008-2006)

**Sign up online:** [http://www.maleny.qld.netball.com.au/](http://www.maleny.qld.netball.com.au/)

Training starts 18th February 2016 at MSHS, 3.30pm to 5.00pm  
Season starts 5th March 2016 with March Past and Round Robin  
From the Guidance Counsellor

INFORMATION FOR STUDENTS IN YEARS 11 & 12:

Students will be receiving careers information regularly in their school email accounts, entitled *Options Career Information: Information Bulletin*. These bulletins will include a wide variety of current careers, as well as tertiary and training information. It is important that students peruse this information as it becomes available, so that they receive the support they need to explore, investigate and make career, tertiary and training decisions. With the ever-changing variety of pathways available, these regular updates will help ensure that students and parents remain up-to-date.

Please see Connie Robins, Guidance Counsellor, with any questions or for further information.

Connie Robins
Guidance Counsellor

Mathematics Tutorials

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 11</td>
<td>Year 9</td>
<td>Year 7/10</td>
<td>Year 8</td>
<td>Year 12</td>
</tr>
</tbody>
</table>

Mathematics Tutorials will run during 2nd lunch in CO3 throughout 2016.
Swimming Carnival 2016

Thursday morning, 4th Feb, saw all of Maleny State High School’s top swimmers preparing for the oncoming half-day School Swimming Carnival. A day for the most competitive swimmers to earn points for their houses, attempt to break school swimming records and qualify for districts in the 50m backstroke, 50m butterfly, 200m individual medley and 200m freestyle events. The competitors then went home to prepare for the insanity that was the following day’s events.

Friday, the second day, hosts the full day school carnival, a school-wide extravaganza. The day started in the school hall with all three houses, Obi, Bunya and Mellum, performing their war cries, inducting both the new year 7s and the elected year 12 house captains into their roles in their houses. It gave a chance for the students to show off themed costumes, with superheroes, mermaids, and tutus appearing to be crowd favourites. All grades attended with overwhelming enthusiasm for a day of friendly house competition, music and novelty events, interspersed with the continuation of the competitive events, with the 25m freestyle, butterfly and house relays. These races were interspersed with less conventional, but no less competitive, house events such as; golf ball grab, teacher-student races, and dance-offs.

The day ended as it does every year, with a school wide rendition of the ‘Macarena’ and ‘The Nutbush’ and the announcements everyone had been waiting for; Age Champions, any records that may have been broken and, of course, the winning house. The day saw overall champions of their age division receiving their medals, many younger students breaking records, Lochlan Higgins smashing the open breaststroke record (last set in 1992) and returning champions Bunya winning the overall house competition. This year’s MSHS Swimming Carnival was a great success for all students and teachers involved.

Many thanks to Maleny Pool who make this event possible.

-Sholto Muir, Proud student

NUTRITION FOR TEENAGERS

- improve your concentration, memory retention, recall ability
- cope better with the stress and pressure of school and exams

Talk to me and be educated about your nutritional needs.

Crissy Ciocca
Uni qualified Nutritionist and Educator
Mb: 0448 574 513
Email: crissyciocca@dodo.com.au
## Swimming Carnival Results 2016

### New Records

<table>
<thead>
<tr>
<th>Category</th>
<th>Event</th>
<th>Name &amp; House</th>
<th>Time</th>
<th>Previous Record</th>
<th>Previous Holder</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>12yrs Girls</td>
<td>50m Butterfly</td>
<td>Kirra Smith (Obi)</td>
<td>40.57</td>
<td>55.97</td>
<td>C. Petersen</td>
<td>2015</td>
</tr>
<tr>
<td>12yrs Girls</td>
<td>50m Freestyle</td>
<td>Kirra Smith (Obi)</td>
<td>38.67</td>
<td>40.19</td>
<td>C. Petersen</td>
<td>2015</td>
</tr>
<tr>
<td>12yrs Girls</td>
<td>50m Breast-stroke</td>
<td>Kirra Smith (Obi)</td>
<td>51.87</td>
<td>56.01</td>
<td>C. Petersen</td>
<td>2015</td>
</tr>
<tr>
<td>12yrs Boys</td>
<td>50m Breast-stroke</td>
<td>Dylan Linnane (Mellum)</td>
<td>55.21</td>
<td>56.20</td>
<td>K. Jackson</td>
<td>2015</td>
</tr>
<tr>
<td>Open Boys</td>
<td>50m Breast-stroke</td>
<td>Lochie Higgins (Mellum)</td>
<td>33.44</td>
<td>35.94</td>
<td>J. Schooth</td>
<td>1992</td>
</tr>
<tr>
<td>12yrs Girls</td>
<td>4 X 50m Freestyle Relay</td>
<td>Bunya House</td>
<td>2:52.53</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

### Age Champions and Runners Up

<table>
<thead>
<tr>
<th>Age Groups</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
</table>
| 12 Years   | 1. Kirra Smith (O)  
T2. Paris Smith-Law (B)  
T2. Ally Richter (O)  
T2. Maya Schulz (B) | 1. Dom Bucciarelli (B)  
2. Dylan Linnane (M) |
| 13 Years   | 1. Angelina Goulton (B)  
2. Savvy Cole (B) | 1. Riley Lewis (O)  
2. Kyle Jackson (B) |
| 14 Years   | 1. Morgan Ricks (M)  
2. Danae Mundt (O) | 1. Matthew Eggins (O)  
2. Sean Cauley (B) |
| 15 Years   | 1. Danica Diefenbach (B)  
2. Nicole Byford (O) | 1. Daniel Briggs (M)  
2. William de King (M) |
| 16 Years   | 1. Katja Biggs (B)  
2. Jade Heugh-Field (B) | 1. Thomas Lewis (O)  
2. John Martin (B) |
| 17 Years & Over | 1. Nikita Lanphier (M)  
2. Tash Mills (M) | 1. Jacob Diefenbach (B)  
2. Jackson Murray (B) |

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Advertise your business here...

Our newsletter is emailed to approximately 300 families in the Maleny, Conondale and Kenilworth area...

Contact: mshsinsight@gmail.com
Setting Clear Expectations, Consistent Routines, having Positive and Negative Consequences to develop Empathy, Self-regulation, Resilience and a Happy Self.

At the beginning of every school year it is so very important for our classroom teachers to not only get to know the students in their care for that year, but also to set behavioural and curriculum expectations and school routines within the classroom as well as within the school environment (before school, during lunch breaks, after school and when transitioning or moving between classrooms or activities). Not only do classroom teachers state clearly the school’s expectations and routines, but they also discuss with their classes the positive and negative consequences that will be given when certain behaviours are shown.

Setting clear expectations and establishing consistent routines are at the core of ensuring expected behaviour. Just as at school, the home environment must also do the same. By doing so, we help our children to understand what and how to behave in certain situations, while also realising that there will be a consequence when choosing certain behaviours (cause and effect). It is very important for our children to understand that their actions or behaviour can affect the thoughts and feelings of others, just as others’ thoughts and actions affect them. Learning empathy and the ability to have theory of mind (to put yourself in someone else’s shoes or know what will happen next) are invaluable skills for life.

To help support the development of empathy, all children (and adults) need to firstly be able to identify their own emotions. The next step is to be able to track when and where you tend to feel these emotions and understand that emotions will change depending on situation and context. Finally, once children are able to identify their emotions and track them (tell you when and how they feel), they then need to learn how to manage these emotions so that they stay in control. In other words, learn how to self-regulate their own emotions, therefore staying calm and to being able to talk situations out with others.

In summary, if school and home work together in partnership and ensure that all children clearly understand school and home expectations and routines, have and understand the positive and negative consequences that are put in place based on behavioural choices and learn how to develop empathy and self-regulate emotions, our children will have the best chance of developing into happy, confident, resilient and healthy minded adults.

Deb Price: Behaviour Support Teacher
for our Hinterland Schools.
MALEY STATE HIGH SCHOOL P and C ASSOCIATION
NOTICE OF ANNUAL GENERAL MEETING (AGM)

The AGM will be held on Thursday, 17 March from 6pm in the school’s Administration Building.

All are welcome to attend.

Further details and a membership form can be obtained by emailing Peta Fredericks (pfred2@eq.edu.au).

All positions will be declared vacant at the AGM. Nominations for the following executive positions will be called:
President, Vice-President, Treasurer, Secretary – Correspondence,
Secretary – Minutes, P and C Queensland Representative/s, and
Newsletter Coordinator/s.

Joining the P&C Association is a great way to keep informed, to contribute to the quality education of your children, and to make new friends. Your contribution can be as large or small as you can manage, but your ongoing support of the P&C Association is invaluable.

Not only will you be supporting the school community, but you will be supported by the school community. You can learn new skills, and gain a clear understanding of how the school operates. This is a great opportunity to share in the school’s decision-making process and shape the future.
What is a P&C Association?
A Parents and Citizens’ Association (P&C) is a group of community-minded people, parents and citizens, who take on a more formal role to assist the school in providing:
• feedback on school policies and activities
• additional resources to be used to enhance student learning
• parents with opportunities to be involved in their child’s education.

Role of the P&C Association
The principal is the site manager and the Minister’s representative. The P&C Association is there to work with the principal and the school community in a productive partnership to achieve the best possible outcomes for students of the institution. It is not the role of the P&C Association to interfere in the daily running of the school, which is the role of the principal. The principal’s supervisor is the DETE Assistant Regional Director. The principal will ask the P&C Association to endorse various documents during the course of the year.

Functions of the P&C Association (from the P&C Model Constitution)
• To foster community interest in educational matters.
• To encourage closer cooperation between the parents of students attending the school, other members of the community, staff and students of the school.
• To provide advice and recommendations to the principal of the school on issues and concerns in respect of students and the general operation and management of the school.
• To provide or assist in the provision of financial or other resources or services for the benefit of students of the school.
• To perform any other functions, not inconsistent with the Act, as the Minister may decide.

Casual Cleaners Needed – Please email Resume to: Jan Brown jbrow297@eq.edu.au

You will have responsibility for leading the following activities and delivery of the following key tasks:
- Cleaning windows, pictures, doorknobs, taps, sinks, drinking fountains, lavatory basins, glassware, glass doors and cupboards.
- Cleaning and sanitising toilet facilities and sick bays.
- Cleaning and maintaining equipment.
- Cobweb and mildew control, utilising extendable equipment as necessary.
- Cleaning of concrete; bitumen; asphalt and paved surfaces.
- Disposal of rubbish and litter control including removal of material from drains and gutters between and/or surrounding buildings.
- Dusting including student and office furniture, equipment and fans.
- Hosing
- Removal of graffiti.
- Sweeping and vacuuming.
- Vinyl/timber floor maintenance including buffing, stripping and polishing.
- Other appropriate cleaning duties as directed by the Principal/Business Services Manager.

Security
- Activating and disarming school security systems as required.
- Locking and unlocking buildings.

The Child Protection Reform Amendment Act 2014 requires the preferred applicant/s to be subject to a working with children check as part of the employment screening process. The department is legally obliged to warn applicants that it is an offence for a disqualified person to sign a blue card application form. Further details regarding the blue card system is available at: www.bluecard.qld.gov.au/
- Confirmation of employment is conditional upon the preferred applicant /s being issued with a Blue Card. See School office for form (cost to applicant is approx..$80)
- A criminal history check may be initiated on the successful applicant by the Queensland Police Service.
- A non-smoking policy applies in Queensland government buildings, offices and motor vehicles.

Advertise your business here...

Our newsletter is emailed to approximately 300 families in the Maleny, Conondale and Kenilworth area...

Contact: mshsinsight@gmail.com
UNIFORM SHOP OPENING HOURS

TUESDAY, WEDNESDAY, THURSDAY

8AM – 9AM FOR STUDENTS
8AM – 10AM THEN 11.30AM – 12.30 PM FOR PARENTS

Uniforms will not be sold during break times.

Why not register for ‘Flexischools’ to purchase your school uniforms online, 24 hours, 7 days a week! Pick up available 5 days a week.


Once registered, you can purchase uniforms OR pre-order your tuckshop!
Canteen Menu, Term 1, 2016

BREAKFAST BOUNTY
( Available daily at the canteen counter - pre order not required)

- Breakfast Turkish 3.00
  - Bacon, Egg, low fat cheese, BBQ sauce
- Cafe Style Raisin Toast 1.50
- Thick cut raisin toast with butter
- Fresh Fruit in Season 1.00
- Fruit Salad Tub 2.00
- Yoghurt Berry Crush 2.50
  - Natural Yoghurt, Strawberry Yoghurt & Berries
- Strawberry Yoghurt Small 1.00
- Strawberry Yoghurt Large 2.50
  (Dairyland Dairy Yoghurt)

TASTY TOASTIES
(we use REAL butter & multigrain bread)

- Cheese & Tomato 2.50
- Ham & Cheese 3.00
- Ham & Cheese & Mayo 3.50
- Chicken, Cheese & Mayo 3.50

SAVY SANDWICHES
Roast Chicken, Swiss cheese, salad greens and fresh herb mayo on Rye 4.00
Ham, Cheese, Tomato, salad greens on multigrain bread 4.00
Bacon, lettuce, tomato & mayo on a lightly toasted Turkish roll 4.50

GOURMET ROLLS
(Crusty Fresh Baked Roll)

- Roast Chicken, Swiss cheese, semi dried tomato, aioli, & salad greens 5.50
- Roast Beef, mango chutney, Swiss fresh tomato & salad greens 5.50
- Roast eggplant, capers, olives and herbs, fetta and salad greens 5.00

WICKED WRAPS

- CCS 4.00
  - Chicken, Cheese & Salsa lightly toasted
- Tandango 5.00
  - Tandoori Chicken, mango chutney, minted yoghurt & salad greens
- Falafel (v) 5.00
  - Falafel balls, hummus, tomato, minted yoghurt & salad greens lightly toasted
- Salad 3.50
  - Lettuce, tomato, fresh beetroot, cucumber, carrot, sprouts
- Salad with Cheese 4.00
  - Lettuce, tomato, fresh beetroot, cucumber, carrot, sprouts
- Salad with Ham OR Chicken 4.50
  - Lettuce, tomato, fresh beetroot, cucumber, carrot, sprouts

EXTRA YUMMIES

- Healthy Snack Pack 3.00
  - Carrot & Celery Sticks, rice crackers & hummus dip
- Cinnamon Scroll 2.50
- Cake slice 1.50
- Chocolate, Red Velvet, Carrot or Banana
- Choc Chip Cookie 1.00
- Fresh Fruit in Season 1.00
- Fruit Salad Cup 2.00
- Strawberry Yoghurt Small 1.00
- Strawberry Yoghurt Large 2.50
- Yoghurt Berry Crush 2.50
  - Natural Yoghurt, Strawberry Yoghurt & Berries

MAGNIFICENT MELTS
(Half long Turkish roll with assorted toppings)

- Garlic Cheese Melt 2.00
  - garlic, butter, melted low fat cheese
- Bolognaise Cheese Melt 2.50
  - homemade savory sauce with low fat cheese
- Hawaiian Melt 2.50
  - ham & fresh pineapple with low fat cheese
- Pesto Melt (v) 3.50
  - pesto & low fat cheese
- Chicken Pesto Melt 3.50
  - chicken & pesto & low fat cheese

FRESH SUSHI
(available Thursday & Friday Only)

- Choose from Avocado (v), Prawn Mayo, Tuna Mayo, Teriyaki Chicken, Crispy Chicken & Avocado 4.00
- Add Ham OR Chicken OR Egg 5.00

SALAD BOWLS

- Super Salad - Lettuce, tomato, carrot, alfalfa, cucumber, cheese, beetroot & mayo (GF) 4.00
- Add Ham OR Chicken OR Egg 5.00

MALNEY STATE HIGH SCHOOL

Canteen Menu
Term 1, 2016

OPENING HOURS: 8.00AM-2.00PM
ORDERS BY 9AM

Our canteen operating system is changing!

To assist us in meeting the lunch requirements of our school, we encourage ALL students to pre-order their lunch either before school at the canteen or online using the new Flexischools ordering system. This enables us to offer a much larger, healthier variety of foods that can be tailored to individual students needs.

If students DO NOT pre-order their lunch, a reduced menu only will be available over the counter at both breaks.

Our School Canteen is committed to providing and promoting healthier food and drink choices to the students and teachers at Maleny State High. Our aim is to offer delicious food, mostly made on premises using quality ingredients that children and adults alike can enjoy whilst fuelling them for their school day.

DRINKS

- Water 600ml 1.00
- Flavoured Maleny Milk 300ml 2.00
- 100% Fruit Juice Poppers 200ml 1.50
- Fresh Juice varieties 500ml 3.50
- Up & Go 200ml 1.00
- LOL 99% Fizzy Juice 200ml 1.00

***FRIDAY SPECIAL***

- Sweet Chilli Chicken Sub 5.00
  - Lightly spiced crumbed chicken tenders, lettuce, carrot, sweet chilli sauce & Mayo

Our School Canteen is committed to providing and promoting healthier food and drink choices to the students and teachers at Maleny State High. Our aim is to offer delicious food, mostly made on premises using quality ingredients that children and adults alike can enjoy whilst fuelling them for their school day.

NEW FLEXISCHOOL ORDERS NOW AVAILABLE!!
It offers fast, secure and cashless transactions that can be made from your smartphone or PC 24/7. To register visit www.flexischools.com.au.
ONLINE ORDERING

• Available 24/7
• Convenient for parents
• Removes paper orders and cash
• FREE registration

Online ordering is more convenient, providing a 24/7 payment and ordering system that can be accessed from home, work or a mobile device.

No more fumbling around for coins in the morning or sending kids to school with excess cash, online orders are faster and more accurate giving parents peace of mind that their order and payment is received accurately at the school.

Registration is free and only takes a few minutes.

EASY, ONLINE REGISTRATION

• Go to www.flexischools.com.au
• Click REGISTER NOW
• Enter your email
• You will be emailed a link to an online form - follow the link
• Choose a username and password and complete the form
• Add each student and their class
• Top-up the account - VISA or Mastercard preferred.
1. Online System | Pay School Invoices
   - Pay School Invoices (SRS; Text Book Fees; Camps; etc.)
   - Access via ANY Computer or Smart Phone

2. Payments Accepted:
   MasterCard | VISA

3. Secure Payment Method
   Easy to Use Interface

ALL 4 fields MUST be filled in!
2016 Sign On

commences early January 2016 online at

www.myfootballclub.com.au

Visit www.sunshinecoastfootball.com.au
to find a club near you

For further details to play, coach or referee
call 5456 2727 or
e-mail: admin@sunshinecoastfootball.com.au
Maleny Bushrangers
Junior Rugby Union

Training has commenced 4.30pm Thursdays

Come and try Rugby Union in 2016, Home Ground - Witta rec club (Witta Rd, Maleny QLD 4552) training has now commenced Thurs arvo 4.30-6pm. Come on down to check it out.

The aim of the QJRU and its affiliates is to provide a safe, enjoyable environment for children playing the great game of Rugby. Children playing in under 8's, 7's & 6's play tag (non contact) until they reach the level of under 9's. All age groups, boys and girls team.

Call Darren 0400 839 964 with queries
www.malenymbushrangersrugbyunion.com

Maleny Bushrangers
DEPARTMENT SKIN CARE & MAKE UP CLASSES

Class Outline

- Practical classes in natural skin care & make up
- Job interview skills & first impressions
- Self-worth & confidence
- Positive body image
- Communicating effectively
- Posture
- Table Etiquette
- Technology Etiquette

4TH APRIL, 2016  9:30AM – 3:30PM
MALENY STANLEY RIVER ROAD MALENY

Embrace your own unique beauty, hold your head high and feel comfortable and confident within yourself.

LOUISE HENZELL
0405617892 | info@louisehenzell.com | www.louisehenzell.com
New Addition to the Maleny Pioneer Village

Following the successful Maleny Schools' Reunion in 2013, the Maleny Historical Society has been trying to find an old building to relocate to the Maleny Pioneer Village to use as a School Museum. The Society has been given *Glenferna*, a historical farmhouse located at 1010 Maleny-Landsborough Rd by Brian and Leone McFarlane, the owners of the farm. This house was built by Edward Thynne, (brother to Ms Thynne who donated Mary Cairncross Park to the Council) in 1903 and was used as a Receiving Office for mail from 1904 to 1912. The Historical Society is presently preparing *Glenferna* for removal to the Pioneer Village. It'll become a School & Post Office Museum and will include memorabilia from the small schools that closed down within the district - Blackall Range (Wootha), Witta, North Maleny, Bald Knob, Curramore, Booroobin as well as the Maleny State School, Maleny High School and the Ananda Marga River Schools.